

## Colors & Decor

The fiery colors of the Sun are appropriate for Midsummer: reds, oranges, and yellows. Deep forest green is also a Litha color for the God in His form as Lord of the forest and the wild things. Decorations should be anything that is a reminder of the summer: the beach, solar symbols, green and verdant leafy plants, fruits and berries dripping off the vines, bright and cheerful annual summer flowers.

## Flowers & Herbs

Ameranth, Baby's Breath, Berries (particularly strawberries and wild berries), Calendula, Cinnamon, Cloves, Cockscomb, Daisy, Elder, Fennel, Fern, Foxglove, Freesia, Ginger, Hawthorne, Heather, Honeysuckle, Impatiens, Iris, Larkspur, Lemon Verbena, Mallows, Morning Glory, Poppy, Rose, Rosemary, Rue, St. John's Wort, Sunflowers, Water lily.

## Deities

Solar Gods, father Gods and Gods of the forest: Aten, Apollo, Horus, Huitzilopochtli, Lugh, Ra, Sol. Mother Goddesses, Goddesses associated with marriage and domestics, as well as solar Goddesses: Hera, Juno, Cerridwen, Amaterasu, Bast and Pele.

## The Altar

South is the ideal altar direction; drape it with a deep forest green cloth. Make a sun candle out of a red or yellow candle; decorate it with sun symbols using

gold glitter glue. Set it in a big glass or crystal bowl and float flowers on the water around it. Any symbols, statues or images of fairies are appropriate here.

## Food and Drink

Fresh, sweet seasonal fruits- particularly berries, cherries, peaches, nectarines and plums- are a great choice, as are fruit teas or lemonade. Make some lovely sun-dried tomato sandwiches with slices of mozzarella and drizzled with olive oil. Barbecue if you can, the spicier the sauce, the better! Something refreshing, such as ice cream or sherbet, will hit the spot.

From <http://www.squidoo.com/wheeloftheyear> Midsummer

## Opening Chant

We are one  
We are one  
We are one, we are one  
Under the infinite Sun

We are one  
We are one  
We are one, we are one  
Nation under the Sun

### Supper Activity:

Each person tells a short mythological story relating to one of the pertinent deities. The others tell what lessons they learn from the tale.

### Blessings and Farewell Chant

Earth our Bodies, Water our Blood  
Air our Breath and Fire our Spirits  
Father Sun and Mother Land  
Blessings flowing from your hands  
We are grateful for your love  
Blessings here, below, above

From <http://www.shenandoahmidsummer.com/activities/litharitual.htm>